



MARYLAND  
DERMATOLOGY  
ASSOCIATES

1502 S. MAIN ST. SUITE 304, MT. AIRY, MD 21771, PHONE (301) 829-4185, (410) 970-6979, FAX (301) 829-4187

### **CARE AFTER FREEZING OF SKIN**

Redness, swelling, a blister or a bruise might occur the same day or the next day after freezing. This is completely normal.

Do not break the blister that develops. If painful, let some fluid out but keep the blister intact. Keep the area clean with mild soap and water.

For pain take Tylenol or another form of acetaminophen. (If you take aspirin every day, keep taking it.)

If pain worsens after the third or fourth day following treatment please call 301-829-4185



MARYLAND  
DERMATOLOGY  
ASSOCIATES

1502 S. MAIN ST. SUITE 304, MT. AIRY, MD 21771, PHONE (301) 829-4185, (410) 970-6979, FAX (301) 829-4187

### **CARE AFTER FREEZING OF SKIN**

Redness, swelling, a blister or a bruise might occur the same day or the next day after freezing. This is completely normal.

Do not break the blister that develops. If painful, let some fluid out but keep the blister intact. Keep the area clean with mild soap and water.

For pain take Tylenol or another form of acetaminophen. (If you take aspirin every day, keep taking it.)

If pain worsens after the third or fourth day following treatment please call 301-829-4185



MARYLAND  
DERMATOLOGY  
ASSOCIATES

1502 S. MAIN ST. SUITE 304, MT. AIRY, MD 21771, PHONE (301) 829-4185, (410) 970-6979, FAX (301) 829-4187

### **CARE AFTER FREEZING OF SKIN**

Redness, swelling, a blister or a bruise might occur the same day or the next day after freezing. This is completely normal.

Do not break the blister that develops. If painful, let some fluid out but keep the blister intact. Keep the area clean with mild soap and water.

For pain take Tylenol or another form of acetaminophen. (If you take aspirin every day, keep taking it.)

If pain worsens after the third or fourth day following treatment please call 301-829-4185