



## **Tinea Versicolor**

This is a common superficial fungus (yeast) infection of the skin. Approximately 10-15% of the population is prone to this disorder.

It usually affects the upper chest and back and is not usually symptomatic, but some people may have mild itching. The affected skin can appear either lighter or darker than normal skin.

Heat and sweating make the condition worse. It is not contagious

Your doctor will outline a treatment program for you. Tinea versicolor often recurs and maintenance treatment is usually required. It may take several months for the skin color to return to normal. The best time to treat Tinea versicolor is in the early spring, since it often returns in the summer time