



## **Guttate Psoriasis**

Guttate psoriasis is a form of psoriasis that often starts in childhood or young adulthood. The word guttate is from the Latin word meaning “drop.” Usually appear on the trunk and limbs, and sometimes on the scalp. Guttate lesions appear as small red spots and tend to enlarge rapidly, on the trunk and limbs.

Guttate psoriasis often comes on quite suddenly. It is sometimes preceded by a streptococcal infection, such as strep throat. However, a variety of conditions have been known to bring on an attack of guttate psoriasis, including upper respiratory infections, tonsillitis, stress, and injury to the skin.

This form of psoriasis may resolve on its own, leaving a person free of further outbreaks, or it may clear for a time, only to reappear later as patches of plaque psoriasis. Sometimes, guttate flares in children continue throughout childhood.